

What they said about ...

## Sport and Leisure

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"I started asking, 'Is there more to life than being a footballer?'"

"The best decision to make is, if you are going to do anything, just be in control."

"My lifestyle as a Christian is not to do anything in excess."

"Whatever I had done on the pitch was always 100%, and if that didn't get the result that I wanted, at least I knew that I had done my all for God, because He had given me a gift."

"Whatever happened we knew that God was being glorified in our individual performances."

"I have been challenged many times on my beliefs, in terms of how I'd approach games if I was in a situation where I had to make moral choices, a moral decision ... The words in the Bible definitely helped me through."

"When I had everything financially I still wasn't happy. I recognise now I am just a vessel to pass through, to bless others as well."

"I know that if I had to ... I would play for nothing."

"I hear (God's) voice in my heart."

"The Holy Spirit within me is the umpire."

"I started a charity which helps children and young adults that are in difficult places in their lives. It's about loving your neighbour and being a role model for these guys. We can give them a hope that there is more to life than the things they are chasing."

"I hope they see Jesus in what we are doing."

"Whether it's a footballer, whether it's a teacher ... it's a gift that (God) has given us, it's used to glorify Him."

(Linvoy Primus, professional footballer, Ambassador for Portsmouth Football Club)

"God's given me a talent and I want to honour Him and pursue my talent to the best of my ability."

"I choose not to train or compete on Sundays whenever possible ... to keep Sunday for God."

"The key thing is to be disciplined ..."

"I have to be training every day and in the same way I have to spend time with God in prayer and reading the Bible."

"I will try and compete honourably and with integrity. If I win I will try to be humble. If I don't win I will try to be gracious and congratulate those who do."

"Every once in a while sports people like to have a blow out and release a lot of tension, because they train very hard and there is a lot of pressure to deliver results. I feel the same. But the Bible is pretty clear – it doesn't say, 'Don't drink' but it does say, 'Don't get drunk.'"

(Adam Pengilly, Olympic bob-sleigh athlete)